

FRACTORA/MORPHEUS/MICRONEEDLING

Post-treatment Instructions

- 1) Apply post treatment healing ointment or cream such as Aquaphor to treated area 3-4 times per day and in the evening. It is important that you keep the treated areas moist so healing occurs appropriately.
- 2) It is normal for your skin to be moderately red, swollen and slightly tender. Redness and swelling may last several days up to 2 weeks depending on your skin response and treatment.
- 3) Gently mist your face with cool water or soak your face gently and lightly with a clean white washcloth to treated areas as needed. Do not rub or wipe the cloth over affected areas. Reapply *healing ointment or cream* after each soak to keep the area moist.
- 4) On day 2 or 3, 24-72 hours later, you may begin cleansing the area gently with *Cetaphil Liquid Cleanser*. Please do not use scrubs or exfoliants. Reapply *Aquaphor* or a gentle moisturizer such as Cetaphil cream to cleansed areas. You may begin using sunblock and makeup if the skin is not bleeding and is not too sensitive.
- 5) Do not pick, peel, or scratch the areas treated. Any crusting or scabbing will slough/slide off on its own when the new skin is ready for exposure.
- 6) Use a high factor sunscreen of SPF 30 or greater at all times when exposed to sunlight after day 2-3. This includes driving.
- 7) You may return to normal skin care routine after 5-7 days or when your physician instructs you to do so.
- 8) Your post treatment appointment will be made at the time of treatment. If you experience any questions or experience fever, chills, drainage, discharge, or extreme discomfort, please contact our office immediately.